

Disaster Management Policy -Disaster Education

Disasters and emergencies have been increasing in frequency and intensity all over the world. Today, with technological advancement, the acquisition of knowledge and its application in the realm of action is regarded as the only effective way to prevent disasters or minimizing its effects. Roots International Schools & Colleges emphasizes the importance of shifting disaster/risk management approaches from a reactive to a preventative one, and makes specific recommendations to align education policies, which address disaster/risk prevention and preparedness, with global sustainable development agenda.

Disaster education at Roots International Schools & Colleges, aims to provide knowledge to individuals and groups to take necessary actions to reduce their vulnerability to disasters. In last few decades, the issue that trained people can be prepared for disasters and responding well has been extensively investigated. Based on the results, disaster education is a functional, operational, and cost-effective tool for risk management. As per evidence, it is important for staff and students to learn about disasters. Trained people can better protect themselves and others. In this regard, planning and designing comprehensive educational programmes are necessary for students to face disasters.

There are numerous disasters that can potentially befall Pakistan and other areas of the world. Natural disasters (an earthquake, tornado, hurricane, major flood, or another extreme weather event). It has become important for students to learn how they can prepare for natural disasters and other emergencies by developing their own disaster management plans, why they should prioritize preparedness, and what resources are to be employed to help.

Why preparation/Plans Matters

1. It will help students grow independently. But it is also important to learn new skills and test their abilities.
2. It will help students **avoid panic and anxiety**. The more prepared they are, the more relaxed they will feel about the possibility of handling difficult situations.
3. **It will help students learn self-reliance**. -an idea of what to do when things get tough - all on your own.

How to prepare: Getting emergency plan together

1. Learn about natural disasters in your city/ area

Take the time to learn about natural disasters that are common in your city/area, and plan an emergency response accordingly.

2. Develop one's own plan

No matter the type of plan school campus has in place, remember that when a crisis occurs, everyone is responsible for their own personal safety. Therefore, preparing your own plan of action for an emergency is a must.

3. Discuss a Communication Plan:

Informing family and friends on how to communicate to let them know that you are alright.

4. Learn First aid:

In true emergency, you might need to help others, learn basic first aid or even go advanced. With these skills, one might just save a life.

5. Practice:

No plan is perfect but the more you execute it, the better it gets. Simulate a disaster event in which you have to seek shelter or evacuate. What snags do you run into along the way? What worked great, and what did not work at all? Then adjust your plans accordingly.

This guide will help students feel empowered, capable, and confident in their abilities to respond quickly and appropriately in the event of an emergency. We take a look at the emergencies most likely to happen while on campus, and check how students can prepare for those emergencies, and what to expect from their schools.

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